

Kate Middleton & Prince William
The Royal Romance

The Courtship, the Wedding & the Shadow of Diana



Chatelaine

SLIMMING SECRETS

- * No-Gym Workout
- * The Sleep Diet
- * Smart Treats

Find Your Perfect Jeans

P. 118

ONE FAB IDEA

6 NEW LOOKS FOR ANY ROOM!

CHOCOLATE CUPCAKES that make you healthier

P. 140

Change Your Life in 30 Days

A Step-by-Step Guide to Finding Real Balance & Boosting Your Health

Delicious Superfoods
Feeling Good Never Tasted So Great!

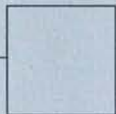
YOU CAN REACH YOUR GOALS!
IT WORKED FOR THESE WOMEN



JANUARY 2011 | \$3.99

WOODLAWN
BLUE

Benjamin Moore



Pile them high.

Stack books around a fireplace, under a window or by a door. It's a fun, fresh take on organizing that gives any room an artsy, bohemian feel. Just remember to place the largest books on the bottom so your stack won't topple over.

GET A SIMILAR LOOK | Pleasant Hearth fireplace, homedepot.ca. Skruvsta chair, ikea.ca. Similar candlesticks, heatherrossinhouse.com. Monogram paperweight, johnderian.com. Paint, Woodlawn Blue, benjaminmoore.com.



STACKING SAVVY

Keep books easy to find by grouping piles by subject: one for fiction, another for travel.